



Fit4Kidz Fall Schedule 2023-2024

Classes Begin August 21st and Run Through May 25th

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| Mommy, Daddy & Me | Tuesday | 6:00 – 6:30pm | Miss Lissa |
| Mommy, Daddy & Me | Wednesday | 5:00 – 5:30pm | Miss Lissa |
| Tiny Tots | Monday | 5:00 – 6:00pm | Miss Lissa |
| Tiny Tots | Tuesday | 6:30 – 7:30pm | Miss Lissa |
| Flip Floppers | Monday | 6:00 – 7:00pm | Miss Lissa |
| Flip Floppers | Wednesday | 6:30 – 7:30pm | Miss Lissa |
| Ballet/Tumbling Combo | Tuesday | 5:00 – 6:00pm | Miss Lissa |
| Ballet/Tumbling Combo | Wednesday | 5:30 – 6:30pm | Miss Lissa |
| Boys Only Tumbling | Tuesday | 7:30 – 8:30pm | Miss Kathy |
| Teen Tumbling* | Tuesday | 7:30 – 8:30pm | Miss Shannon |
| Teen Tumbling* | Wednesday | 7:30 – 8:30pm | Miss Shannon |
| Gymnastics Level 1 | Monday | 7:00 – 8:30pm | Miss Lissa |
| Gymnastics Level 1 | Tuesday | 4:30 – 6:00pm | Miss Shannon |
| Gymnastics Level 1 | Wednesday | 4:30 – 6:00pm | Miss Shannon |
| Gymnastics Level 2 | Tuesday | 6:00 – 7:30pm | Miss Shannon |
| Gymnastics Level 2 | Wednesday | 6:00 – 7:30pm | Miss Shannon |
| Gymnastics Level 1/2 | Thursday | 5:30 – 7:00pm | Miss CJ |
| Gymnastics Level 1/2 | Saturday | 10:00 – 11:30am | Miss Erica |
| Gymnastics Level 3 | Monday | 6:45 – 8:15pm | Miss Kathy |
| Gymnastics Level 3 | Tuesday | 4:30 – 6:00pm | Miss Kathy |
| Gymnastics Level 3 | Wednesday | 4:30 – 6:00pm | Miss Jess/Kathy |
| Gymnastics Level 3 | Thursday | 6:30 – 8:00pm | Miss Kathy |
| Gymnastics Level 4-6 | Monday | 4:45 – 6:15pm | Miss Kathy |
| Gymnastics Level 4-6 | Tuesday | 6:00 – 7:30pm | Miss Kathy |
| Gymnastics Level 4-6 | Wednesday | 6:30 – 8:00pm | Miss Kathy |
| Gymnastics Level 4-6 | Thursday | 4:30 – 6:00pm | Miss Kathy |
| Gymnastics Level 3-6 | Saturday | 10:00am – 11:30am | Miss Kathy/Darian |
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*This Tumbling class is reserved for older students who are at a beginner's level (i.e., Level 1/2).

Closed: Monday, September 4th (Labor Day)

Tuesday, October 31st (Halloween)

Wednesday, November 22nd - Friday, November 24th (Thanksgiving)

Saturday, December 23rd - Monday, January 1st (Christmas/New Year)